

# “GET FIT DAY: FOR ALL AGES”

United Way of Greater Union County and the City of Elizabeth are joining efforts to present “GET FIT DAY FOR ALL AGES”!

Come and enjoy a fun-filled day of “GET FIT” activities, such as sports games, dancing to the music of our D-Jay, exercise instruction and health screenings.

We will also be featuring soccer clinics hosted by the New York Red Bulls and conducted by the New York Red Bulls Clinic Team. The soccer clinics will promote good health, positive peer interaction, and healthy, active lifestyles for kids ages 7-16.

Mayor J. Christian Bollwage, James W. Horne Jr., CEO of United Way of Greater Union County, Council President Patricia Perkins-Auguste, and First Ward Councilman Carlos L. Torres welcome schools, youth organizations and sports teams to sign up in advance for “GET FIT DAY FOR ALL AGES.”

**Come Join the Fun! Get Healthy! Get Fit!**

**Saturday, May 16, 2015 • 1PM – 6PM**  
(Rain date - Saturday, June 6, 2015)

**Waterfront Field • 185 Front Street • Elizabeth NJ**

All participants must have a waiver signed by a parent or legal guardian to take part in “Get Fit Day For All Ages”

For more information please visit [www.uwguc.org](http://www.uwguc.org) or contact Dennis Dias @ (908) 208-2696

